



102 Maple Avenue
Rochelle, IL 61068

Tel (815) 562-5333
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CONFIDENTIAL HEALTH INFORMATION

Please allow our staff to photocopy your driver's license and insurance details.
All information you supply is confidential. We comply with all federal privacy standards.
Please print clearly.

Today's Date (MM/DD/YY) Yes No Have you seen a Chiropractor before? _____
When? _____
Whom?

Whom may we thank for referring you? _____
Your Social Security Number Male Female
Gender

First Name _____
Middle Name _____
Last Name _____
Birth Date (MM/DD/YY)
Marital Status

Address Single Married Divorced
 Widowed Separated

City _____
State _____
Zip/Postal Code _____
Spouse's Name

Email Address _____
Home Phone _____
Cell Phone

Emergency Contact _____
Phone _____
Child Name and Age

Your Occupation _____
Child Name and Age _____
Child Name and Age

Your Employer _____
May we contact you at work?
 Yes No
Preferred Method of Contact?

Address Home Phone Cell Phone
 Work Phone Email

City _____
State _____
Zip/Postal Code _____
Work Phone

Primary Insurance Carrier _____
Who Carries this policy?
 Self Spouse Parent

Insured's First Name _____
Middle Name _____
Insured's Last Name

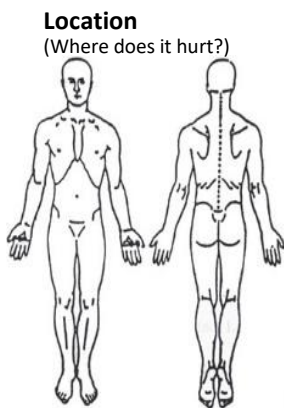
Insured's Birth Date (MM/DD/YY)

The symptom(s) that have prompted me to seek care today include: _____

And are the result of: An accident or injury
 Work Auto Other _____
 A worsening long-term problem
 An interest in: Wellness Other _____

Onset(When did you first notice your symptoms?) _____ **Intensity**(How extreme are your symptoms?) **Duration**(When did it start / how often to you feel it?)
 Constant Comes and goes. How often?
 0 1 2 3 4 5 6 7 8 9 10
 Absent Uncomfortable Agonizing _____

Quality of Symptoms
 (What does it feel like?)
 Numbness
 Tingling
 Stiffness
 Dull
 Aching
 Cramps
 Nagging
 Sharp
 Burning
 Shooting
 Throbbing
 Stabbing
 Other _____



Radiation (Does it affect other areas of your body?) _____

Aggravates / Relieves (What makes the problem worse or better?)
 What worsens the problem? _____

What lessens the problem? _____

Prior Interventions (What have you done to relieve the symptoms?)
 Rx Meds Surgery Ice
 OTC drugs Acupuncture Heat
 Massage Chiropractic PT
 Homeopathic Remedies Other _____

What else should we know? _____

How does your current condition interfere with your:
 Work or career? _____

Recreational activities? _____

Household responsibilities? _____

Personal relationships? _____

Review of Systems

Chiropractic care focuses on the integrity of your nervous system, which controls and regulates your entire body. Please darken the circle beside any condition that you've **Had** or currently **Have**.

Musculoskeletal: NONE
 Had Have
 Osteoporosis
 Arthritis
 Scoliosis
 Neck Pain
 Back Problems
 Hip Disorders
 Knee injuries
 Foot/ankle pain
 Shoulder problems
 Elbow/wrist pain
 TMJ issues
 Poor posture

Sensory: NONE
 Had Have
 Blurred vision
 Ringing in ears
 Hearing loss
 Chronic ear infection
 Loss of smell

Neurological: NONE
 Had Have
 Anxiety
 Depression
 Headache
 Dizziness
 Pins and Needles
 Numbness

Respiratory: NONE
 Had Have
 Asthma
 Apnea
 Emphysema
 Hay fever
 Shortness of breath
 Pneumonia

Integumentary: NONE
 Had Have
 Skin cancer
 Eczema
 Hair loss

Cardiovascular: NONE
 Had Have
 High Blood Pressure
 Low Blood Pressure
 High Cholesterol
 Poor Circulation
 Angina
 Excessive bruising

Digestive: NONE
 Had Have
 Anorexia/bulimia
 Ulcer
 Food Sensitivities
 Heart burn
 Constipation
 Diarrhea

Had Have
 Psoriasis
 Acne
 Rash

(continued from previous page)

Endocrine: NONE

- Had Have
- Thyroid issues
 - Immune disorders
 - Hypoglycemia
 - Frequent infection
 - Swollen glands
 - Low energy

Genitourinary: NONE

- Had Have
- Kidney stones
 - Infertility
 - Bedwetting
 - Prostate issues
 - Erectile dysfunction
 - PMS symptoms

Constitutional: NONE

- Had Have
- Fainting
 - Low libido
 - Poor appetite
 - Fatigue
 - Sudden weight loss/gain
 - Weakness

Past, Personal, Family and Social History

Please identify your past health history, including accident, injuries, illnesses and treatments.

P E R S O N A L	Illnesses	Operations	Treatments
	Check those you have Had or Have	Surgical interventions which may or may not have included hospitalization	Past or are receiving Currently
	Had Have	_____	Past Currently
	<input type="radio"/> <input type="radio"/> AIDS	<input type="radio"/> Appendix removal	<input type="radio"/> <input type="radio"/> Acupuncture
	<input type="radio"/> <input type="radio"/> Alcoholism	<input type="radio"/> Bypass surgery	<input type="radio"/> <input type="radio"/> Antibiotics
	<input type="radio"/> <input type="radio"/> Allergies	<input type="radio"/> Cancer	<input type="radio"/> <input type="radio"/> Birth control pills
	<input type="radio"/> <input type="radio"/> Arteriosclerosis	<input type="radio"/> Cosmetic surgery	<input type="radio"/> <input type="radio"/> Blood transfusions
	<input type="radio"/> <input type="radio"/> Cancer	<input type="radio"/> Elective surgery: _____	<input type="radio"/> <input type="radio"/> Chemotherapy
	<input type="radio"/> <input type="radio"/> Chicken pox	_____	<input type="radio"/> <input type="radio"/> Chiropractic care
	<input type="radio"/> <input type="radio"/> Diabetes	<input type="radio"/> Eye surgery	<input type="radio"/> <input type="radio"/> Dialysis
<input type="radio"/> <input type="radio"/> Epilepsy	<input type="radio"/> Hysterectomy	<input type="radio"/> <input type="radio"/> Herbs	
<input type="radio"/> <input type="radio"/> Glaucoma	<input type="radio"/> Pacemaker	<input type="radio"/> <input type="radio"/> Homeopathy	
<input type="radio"/> <input type="radio"/> Goiter	<input type="radio"/> Spine _____	<input type="radio"/> <input type="radio"/> Hormone replacement	
<input type="radio"/> <input type="radio"/> Gout	_____	<input type="radio"/> <input type="radio"/> Inhaler	
<input type="radio"/> <input type="radio"/> Heart Disease	_____	<input type="radio"/> <input type="radio"/> Massage therapy	
<input type="radio"/> <input type="radio"/> Hepatitis	<input type="radio"/> Tonsillectomy	<input type="radio"/> <input type="radio"/> Physical therapy	
<input type="radio"/> <input type="radio"/> HIV positive	<input type="radio"/> Vasectomy	<input type="radio"/> <input type="radio"/> Nutritional supplements	
<input type="radio"/> <input type="radio"/> Malaria	<input type="radio"/> Other: _____	_____	
<input type="radio"/> <input type="radio"/> Measles	_____	<input type="radio"/> <input type="radio"/> Medications: (Rx or OTC)	
<input type="radio"/> <input type="radio"/> Multiple Sclerosis	_____	_____	
<input type="radio"/> <input type="radio"/> Mumps	_____	_____	
<input type="radio"/> <input type="radio"/> Polio			
<input type="radio"/> <input type="radio"/> Rheumatic fever			
<input type="radio"/> <input type="radio"/> Scarlet fever		<input type="radio"/> <input type="radio"/> Used a crutch	
<input type="radio"/> <input type="radio"/> STD		<input type="radio"/> <input type="radio"/> Been unconscious	
<input type="radio"/> <input type="radio"/> Stroke		<input type="radio"/> <input type="radio"/> Received a tattoo	
<input type="radio"/> <input type="radio"/> Tuberculosis		<input type="radio"/> <input type="radio"/> Had a body piercing	
<input type="radio"/> <input type="radio"/> Typhoid fever			
<input type="radio"/> <input type="radio"/> Ulcer			

Family History

Some health issues are hereditary. Please tell us about the health of your immediate family members.

F A M I L Y	Relative Age (if living)	State of Health		Illness	Age at death	Cause of death	
		Good	Poor			Natural	Illness
	Mother _____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Father _____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Sister 1 _____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Sister 2 _____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Brother 1 _____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Brother 2 _____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>

Are there any other hereditary health issues that you know about? _____

Social History

Tell us about your health habits and stress levels.

S O C I A L	Alcohol use <input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Prayer <input type="radio"/> Yes <input type="radio"/> No
	Coffee use <input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Job stress <input type="radio"/> Yes <input type="radio"/> No
	Tobacco use <input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Financial peace <input type="radio"/> Yes <input type="radio"/> No
	Exercising <input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Vaccinated <input type="radio"/> Yes <input type="radio"/> No
	Pain relievers <input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Mercury fillings <input type="radio"/> Yes <input type="radio"/> No
	Soft drinks <input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Recreation drugs <input type="radio"/> Yes <input type="radio"/> No
	Water intake <input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	
Hobbies: _____			

Activities of Daily Living

How does this condition currently interfere with your life and ability to function?

	No Effect	Mild Effect	Moderate Effect	Severe Effect		No Effect	Mild Effect	Moderate Effect	Severe Effect
Grocery shopping-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Sitting-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Household chores-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Rising from chair-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Standing-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Lifting objects-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Reaching overhead-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Showering/ Bathing-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bending over-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Dressing myself-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Climbing stairs-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Love life-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Getting to sleep-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting in/out of car-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Staying asleep-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving a car-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Concentrating-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking over shoulder-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Exercising-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caring for family-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Yard work-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What is the major stressor in your life? _____

How much sleep do you average per night? _____ hours What is the age of your pillow? _____

What is your preferred sleeping position? _____

Describe your typical eating habits: Skip breakfast 2 meals a day
 3 meals a day Snacking between meals

What would be the most significant thing that you could do to improve your health? _____

What additional health goals do you have? _____

Acknowledgements

To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

Initials

_____ I instruct the chiropractor to deliver the care that, in his or her professional judgement, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

_____ I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

_____ I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of last menstrual period (MM/DD/YYYY): _____

_____ I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

_____ I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.

_____ To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity, or cause of my health concerns.

If the patient is a minor child, print child's full name: _____

Signature

Date